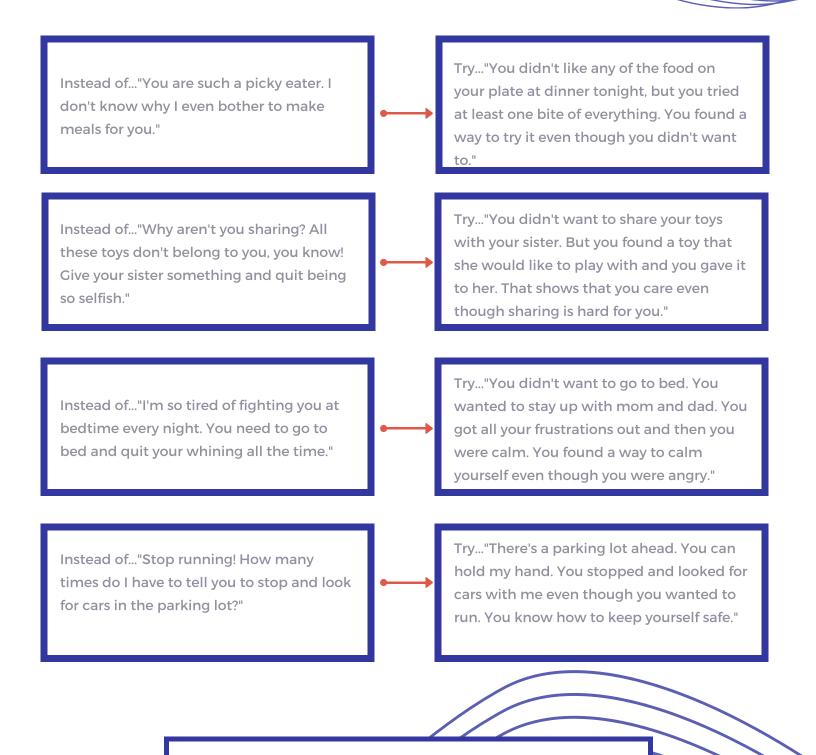
## "STRENGTH" TRAINING

## FOR KIDS PRINTABLE



WWW.THEMILITARYWIFEANDMOM.COM