

HOW TO HANDLE A BOSSY TODDLER CHECKLIST

- Be the parent, not the friend.

Your child yearns for guidance and direction—a strong parental leader. Don't hesitate to fulfill that role for your child.

- Have clear expectations.

Establish household rules with your kids and remind them of the rule 10 minutes beforehand and again 5 minutes beforehand.

- Follow through.

If we create a rule, yet fail to enforce it, the only message we send is that the rules are meaningless (I'm speaking from experience here.)

- Expect pushback.

Children will test boundaries. It is incredibly frustrating, yet testing boundaries is normal, healthy developing behavior.

- Small & big instances matter.

Each time a parent follows through, it solidifies a strong foundation for behavior. It makes a difference.